

CONSULTING DIETITIANS IN THE BLUE RIDGE AGREA (in alpha order by city)

Deborah Dunn, MS, RD

Bridgewater College
Bridgewater, VA 22812
(540) 828-5460

ddunn@bridgewater.edu

Specialty: Sports nutrition; women;
children; eating disorders

Anne Marie de Almeida, MS, RD

1008 East Jefferson St.
Charlottesville, VA 22902
(434) 962-6518

nutrition4you@comcast.net

Specialty: Eating disorders;
disordered eating

Anne Brown, RD

3054 Westfield Rd., Suite 200
Charlottesville, VA 22901
(434) 973-4040

abrown4321@aol.com

Specialty: Private nutrition counseling
and regular follow-up with successful
outcome

Susan E. Del Gobbo, MPH, RD

Charlottesville Nutrition
404 8th St., NE
Charlottesville, VA 22902
(434) 760-1298

100lilies@gmail.com

www.CharlottesvilleNutrition.com

Specialty: Eating disorders, weight management, type 2
diabetes, hypoglycemia, sports nutrition, cardiovascular
health, vegetarian/vegan nutrition, food allergies and
intolerances, nutrition for pregnancy and lactation

Robin Schroyer, MA, RD, CSSD

2751 McElroy Dr.
Charlottesville, VA 22903
(215) 518-7158

robin.schroyer@gmail.com

Specialty: Sports nutrition; geriatrics;
adolescent health; eating disorders

Rita Smith, MS, RD, CDE

509 Locust Ave.
Charlottesville, VA 22902
(434) 244-4400

rita.smith@mjh.org

Specialty: Diabetes; weight mgmt; lipid reduction; bariatric
or weight loss surgery

Anne Wolf, MS, RD

5030 Rutherford Dr.
Charlottesville, VA 22901
(434) 977-2859

anne@amwolf.com

Specialty: Weight mgmt

Carol Rees Parrish, MS, RD

UVA Nutrition Services, P.O. Box 800673
Charlottesville, VA 22908
(434) 924-8167

crp3a@virginia.edu

[http://www.healthsystem.virginia.edu/internet/digestive-
health/nutrition.cfm](http://www.healthsystem.virginia.edu/internet/digestive-health/nutrition.cfm)

Specialty: GI; nutrition support

Kate Bruno, RD, CPT

3479 Preddy Creek Rd.
Charlottesville, VA 22911
(434) 923-4520

ontrack26@embarqmail.com

www.ontracknutrition.com

Specialty: Eating disorders; support groups;
weight mgmt; sports nutrition

Tonya Price, RD

109 Turtle Creek Rd.
Lynchburg, VA
(434) 238-0900

frankotis@iglide.net

Specialty: Long term care; assisted living;
psychiatric care; pediatric obesity; food service operations
consulting

Janell "Ginger" Seagle, RD

1900 Thomson Dr.
Lynchburg, VA 24501
(434) 947-6790

janell.seagle@vdh.virginia.gov

Specialty: Women; infants; children (WIC)

Brenda Meredith, RD, LLC

183 Fernridge Court
Madison Heights, VA 24572
(434) 509-3003

brendameredith@comcast.net

Specialty: Geriatrics; long term care; assisted living

Cristin Wipfler, MPH, RD

Compleat Nutrition, LLC

7 South Liberty Street, Middleburg, VA 20117 (mailing: PO Box 132,
Middleburg, VA 20118)

Phone: [703-489-0873](tel:703-489-0873)

Email: Cristin@MyCompleatNutrition.com

Website: www.MyCompleatNutrition.com

Specialties: sports nutrition, weight management, consulting

Sharon Clark, MS, RD

8006 Senedo Rd.
Mount Jackson, VA 22842
(540) 331-5050

nmds@shentel.net

Specialty: Long term care; assisted living; diabetes

Jane Blosser, MS, RD

129 Poland St.
Waynesboro, VA 22980

blossert@cfw.com

Specialty: Long term care; CMS regulations; diabetes

Carol Jones, MS, RD
1788 Rockfish Rd.
Waynesboro, VA 22980
(540) 447-0450

cjonesrd@yahoo.com

Specialty: Long term care; renal nutrition