CONSULTING DIETITIANS IN THE TIDEWATER/HAMPTON ROADS AREA (in alpha order by city)

Valerie J. McCloskey R.D.
In Home Nutrition, Inc.
inhomenutrition.com
734-756-7036
149 Pine Creek Drive
Hampton, Virginia 23669
Insurance: Cigna, Aetna
Renal, CKD education, Diabetes self management
nutrition education, weight issues

Lucinda Moore, MS, RD
11 Woodall Dr.
Hampton, VA 23666
(757) 303-6403
LCINMOR@AOL.COM
Specialty: Diabetes; wellness; weight mgmt; menu
planning; nutrition assessments at residential facilities

Sheila Bailey, RD, ACSM Fitness Specialist
824 Etheridge Ave.
Norfolk, VA 23502
wearefit@cox.net
www.wearefit.net
Specialty: Long term care; grocery store tours;
cooking demos; public speaking; adult weight mgmt;
exercise

Jean Maxwell, MS RD
1408 Longstreet Lane
Suffolk, VA 23434
Phone # (757) 589-4293
Email: Jean@maxwellnutritionsuffolk.com
URL: www.maxwellnutritionsuffolk.com
Specialties: Weight management, diabetes, celiac
disease, vegetarian/vegan

Lucinda “Lynn” Earle, MPH, RD
260 Grayson Ave.
Virginia Beach, VA 23452
(757) 623-9014
llearle@msn.com
Specialty: Weight mgmt; disordered eating; sports
nutrition; vegetarian; diabetes; HIV

Jill Weisenberger, MS, RD, CDE
Yorktown, VA 23692
(757) 890-2343
jillweisenberger@cox.net
Specialty: Corporate consulting; speaking; freelance
writing; nutrition analysis; recipe development;
nutrition communications; PR; diabetes; weight mgmt;

Jim White, RD, ACSM Health Specialist
1577 Laskin Rd., Suite 105
Virginia Beach, VA
(757) 749-8469
jim@jimwhitefit.com
www.jimwhitefit.com